

2011 TOMBALL HIGH SCHOOL SPEED AND STRENGTH CAMP

BECOME A BETTER ATHLETE!!!

******PREPARE YOURSELF TO COMPETE IN 5A ATHLETICS******

Dates: June 13th – July 21st (No Camp - July 4th)

Sessions: 4 days a week, Monday – Thursday

Schedule: Each session 2 hours in duration

*Morning Session I beginning at 8 am – incoming 9-12 Graders

*Morning Session II beginning at 10:30 am – incoming 7-8 Graders

*Evening session beginning at 6 pm – incoming 7-12 Graders

Participants: All incoming **7th graders** through 12th graders

Both Boys and Girls!!!

Cost: \$120 Total for 6-week program (Due: June 1st)

*Can be made in 2 payments of \$60 (June 1st & June 30th).

*No weekly pro-rate.

Camp Director: Gary Van Sant

Camp Staff: High School and Junior High Men and Women Coaches

*****REGISTRATION IS OPEN*****

Pre-Registration is highly encouraged. Sessions might be combined without confirmed numbers in each.

Questions – Contact:

Tommy Kaiser (Campus Coord/Head FB Coach)

Field House Phone: 281-357-3047 ext. 3

E-mail: tommykaiser@tomballisd.net

Questions – Contact:

Gary Van Sant: Camp Director

Field House Phone: 281-357-3047 ext. 3

E-mail: garyvansant@tomballisd.net



Register by FAX: 281-357-3051

Register by MAIL: Speed & Strength Camp

30330 Quinn Rd.

Tomball, TX 77375

Deliver to:

Tomball Athletic Office

(Teresa Steely)

Field House, Cougar Stadium

***** Make Checks Payable to Tomball H.S. *****

Questions – Contact:

Tommy Kaiser (Asst. AD/Head FB Coach)

Field House Phone: 281-357-3047 ext. 3

E-mail: tommykaiser@tomballisd.net

*** Tomball ISD does not carry insurance for summer fitness/recreation programs. Parents will be responsible for any medical expense incurred.***

Circle One: **AM Session I** or **AM Session II** or **Evening Session**

Student Name: _____

Parent Name: _____

Address: _____

City: _____, TX Zip: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

Parent's e-mail _____

Grade – Fall 2011 _____ School: _____

Camp Waiver (Parent or Guardian):

_____ Date: _____