

2010 TOMBALL HIGH SCHOOL SPEED AND STRENGTH CAMP

BECOME A BETTER, STRONGER ATHLETE!!!

******PREPARE YOURSELF TO COMPETE IN 5A ATHLETICS******

Dates: June 14th – July 1st / July 12th – July 29th

Sessions: 4 days a week, Monday – Thursday

Schedule: Each session 2 hours in duration

*Morning Session I - 8 am – incoming 9-12 Graders

*Morning Session II – 10:30 am – incoming 7-8 Graders

*Evening session – 6 pm – incoming 7-12 graders

Participants: All incoming **7th graders** through 12th graders
Both Boys and Girls!!!

Cost: 2 Payments of \$75 (Due: June 14th & July 12th)
\$150 total for 6 week program

Camp Director: Brad Oden

Camp Staff: High School and Junior High Men and Women
Coaches

*****REGISTRATION IS NOW OPEN*****

Questions – Contact:

Tommy Kaiser (Asst. AD/Head FB Coach)
Field House Phone: 281-357-3047 ext. 3
E-mail: tommykaiser@tomballisd.net

Questions – Contact:

Brad Oden: Camp Director
Field House Phone: 281-357-3047 ext. 3
E-mail: bradleyoden@tomballisd.net



Register by FAX: 281-357-3051
Register by MAIL: Speed & Strength Camp
30330 Quinn Rd.
Tomball, TX 77375
Deliver to: Tomball Athletic Office
(Teresa Steely)
Field House, Cougar Stadium

***** Make Checks Payable to Tomball H.S. *****

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Tommy Kaiser (Asst. AD/Head FB Coach)
Field House Phone: 281-357-3047 ext. 3
E-mail: tommykaiser@tomballisd.net

*** Tomball ISD does not carry insurance for summer fitness/recreation programs. Parents will be responsible for any medical expense incurred.***

Circle One: **AM Session I** or **AM Session II** or **Evening Session**

Student Name: _____

Parent Name: _____

Address: _____

City: _____, TX Zip: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

Parent's e-mail _____

Grade – Fall 2010 _____ School: _____

Camp Waiver (Parent or Guardian):

_____ Date: _____